

"Luck Is What Happens When Preparation Meets Opportunity" - Seneca



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## TITAN CAREER CENTER ORANGE COVE HIGH SCHOOL

Resources and Services

## READY?

### What We Do

The Orange Cove High Career Center is dedicated to educate, prepare and connect students for career, college and lifelong successes.

- Career Counseling
- Career Interest Surveys
- Career Planning
- Resume Building
- College and Career Readiness Workshops
- Internship Opportunities
- Volunteer Opportunities
- Field Trips
- Skills USA
- Summer Work Experience Program

## About Career Counselor

Mrs. Lundeberg was born in El Salvador but raised in Orange Cove. She attended Sheridan Elementary, Citrus Middle School and Reedley High School (since there was no high school at the time she resided in Orange Cove). After high school , she attained a Bachelor's in Social Science and a Master's in Counseling. In addition, she taught history for three years. She is excited to return to her hometown and give back to her community by educating and empowering the youth to follow their dreams just as she did.

## Fall & Spring Opportunities

#### Fall

- Career Representative Presentations
- College Representative Presentations
- Career Readiness Workshops
- CTE Expo
- Thanksgiving Volunteer Opportunities
- Community Service hours
- School Service hours
- Career Day
- CA Colleges Exploration

#### Spring

- Summer Work Experience Program workshops. (SWEP)
- Tiger Romps Competition
- Skills USA competition
- Career Skills Challenge
- Career Representative Presentations
- College Representative Presentations
- School Service hours



# Tips to Be College and Career READY!

- Get to know your counselors and ask about the courses on campus.
- Visit the career center and learn about volunteer and internship opportunities.
- Volunteer and make connections.
- Take Career Interest Survey and learn about yourself and various careers.
- Work hard to get good grades.
- Join clubs, organizations and/or sports.
- Apply for scholarships.
- Attend ALL workshops provided by your CTE Counselor.
- Set goals for yourself and practice selfawareness. What's working and what isn't working.
- Create professional relationships with your teachers.

#### Contact: CTE Counselor; Mrs. Lundeberg

Office Location: Library Phone: (559) 626-5900 ext. 6024 Email: lundeberg-a@kcusd.com

Make an appointment in the counselling office or by emailing Mrs. Orellana